

6 October 2015



## MEDIA ALERT

### **From Adelaide to the Big Apple Adelaide's first Indigenous woman's run of inspiration**

In November 2014, Ruth Wallace became Adelaide's first Indigenous female to finish the world famous New York City Marathon as part of the Indigenous Marathon Project (IMP), after just six months of training.

Ruth will share her story of inspiration with the Adelaide community at her significant Return to Community celebration on Friday evening

**Where: SAHMRI Building, North Terrace, Adelaide**

**When: Friday 9 October**

**Time: 6pm**

The IMP is a program of the Indigenous Marathon Foundation, and director and founder, world champion marathon runner, Rob de Castella, said the Return to Community celebration is about celebrating resilience and achievement.

"I am so proud of what Ruth has achieved and watching her continual personal, mental and emotional growth.

"This event is an opportunity to acknowledge her incredible achievement and the ongoing contribution she continues to make to people in her community using the skills and knowledge she learnt through IMP.

"Running a marathon is hard, it's one of the hardest things you can do. To do it in six months is testament to the dedication, commitment and hard work applied by all of our runners and it's important to share these life-changing moments with Ruth's family and community," he said.

IMP Coach, Mick Rees, and Rob will both be part of Ruth's Return to Community event. This is a fantastic opportunity for everyone to meet Ruth, hear about her story and congratulate her on her historic run, being the first Indigenous woman from Adelaide to run the New York City Marathon as part of IMP.

*To arrange an interview, please contact Communication and Fundraising Manager, Kellie O'Sullivan on (02) 6162 4750 or 0437 699 950. For more information on the Indigenous Marathon Foundation please visit [www.imf.org.au](http://www.imf.org.au)*

*The Indigenous Marathon Foundation Ltd is a registered health promotion charity*

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